

Timetable of walks January to April 2026

Enjoy the countryside and local green spaces with FREE Hertfordshire Health Walks led by friendly, trained volunteers.

Walks and meeting point	Day/time	Date	Walk Grade/ Information
Rosedale Community Church St Andrew's Lane, EN7 6LB <i>Free parking</i>	Tuesday 10am	Weekly	Grade 2 Lasts approx. 1 hour less than 2 miles, on mostly flat terrain
Cheshunt East Pindar Car Park, Windmill Lane, EN8 9AJ <i>Parking charges apply and the machine is card only. Alternatively use nearby street parking</i>	Wednesday 10:30am	Weekly	Grade 2 Lasts approx. 1 hour less than 2 miles, on mostly flat terrain
TASTER WALK CONTINUES Cedars Park Meet outside café. Theobalds Lane, Waltham Cross, EN8 8RX <i>Free Parking</i>	Alternate Thursdays 10:30am	January 8, 22 February 5, 19 March 5, 19 April 2, 16, 30	First Steps 20-30 minutes, gentle pace, even footpaths, flat terrain
NEW TASTER CONTINUES Barclay Park Meet at the junction of Bocket Road and Park View, Hoddesdon, EN11 8NF Opposite Hoddesdon cricket club <i>Free street parking on Park View</i>	Alternate Thursdays 10am	January 15, 29 February 12, 26 March 12, 26 April 9, 23	First Steps/Grade 1 30-40 minutes, gentle pace, even footpaths, some gentle inclines
Cheshunt East Turnford Brook Car Park, Cheshunt, EN8 0LU <i>Entrance next to St Clement Church</i> Meets by black metal barrier <i>Free Parking at the end of the lane</i>	Alternate Fridays 1pm	January 16, 30 February 13, 27 March 13, 27 April 10, 24 (No walk Good Friday)	Grade 1/2 45 minutes, even footpaths, flat terrain

All walks are FREE, no booking required. All walkers need to register with us first. You can do this online or arrive 15 mins early to fill in a form. Walks range from a gentle First Steps (20-30 minutes) and increase in length and time up to Grade 4 (90 mins) unless otherwise stated. The walking times are for guidance but may be longer depending on the fitness of walkers and the weather.

**We are looking for volunteers to lead Health Walks in
Broxbourne, Hoddesdon, Cheshunt and Waltham Cross**

If you could share the joy of walking in your neighbourhood and want to register your interest in becoming a Health Walk Volunteer, we'd love to hear from you!

Contact T: 01992 555888 E: healthwalks.cms@hertfordshire.gov.uk
or visit www.hertfordshire.gov.uk/healthwalks

If you have any questions about walks in Broxbourne and would like to know about other walking events,
please visit: www.broxbourne.gov.uk/community/walking